



BE INFORMED

1. Learn what emergencies or disasters may occur in your area.

These events can range from those affecting only you and your family such as a home fire or medical emergency, to those affecting your entire community such as an earthquake or a flood. How do you find out what natural hazards exist in your community? Here are some sources of information that can assist you:

- Contact the City of Long Beach Disaster Preparedness Bureau or the local American Red Cross Chapter and be prepared to take notes:
 - Ask what types of disasters are most likely to happen. Request information on how to prepare for each incident.
 - Learn about your community's warning signals: what they sound like and what you should do when you hear them.
- Contact California Emergency Management Agency (Cal-EMA). On the CalEMA website they offer information about natural hazards in your general area. Use this website to discover general information regarding the hazards that exist in your area and learn how to reduce your risk. Go to: <http://myhazards.calema.ca.gov/>

2. Learn what you can do to prepare for the natural hazards or emergencies that may occur in your area.

After you take the first step and learn what conditions you may encounter, take the second step and develop a plan for what you can do to survive in these conditions. Preparing your home, family or business for emergencies improves your chances of survival in a disaster. The following are links to reliable disaster preparedness resources. You'll find tips, brochures and checklists to help your family prepare.

Local Resources



If you are in a life threatening situation, call 911 for assistance. The City of Long Beach has several departments that provide informational resources to assist in developing your emergency response plans. Please visit the following websites for suggestions on emergency planning:

Disaster Preparedness and Emergency Communications

<http://admin.longbeach.gov/disasterpreparedness/>

Fire Department

http://www.longbeach.gov/fire/emergency_prep/default.asp

Police Department

<http://www.longbeach.gov/police/default.asp>

Health and Human Services

<http://www.longbeach.gov/civica/filebank/blobdload.asp?BlobID=9067>

The Greater Long Beach and Rio Hondo Chapters of the American Red Cross serves more than 1.7 million people across 21 cities and the Port of Long Beach. Through the efforts of more than 800 volunteers, we provide:

- Food and shelter for victims of local disasters
- Training in emergency preparedness
- Teach life-saving skills
- Provide emergency communication for military families
- International communication to locate family members separated by disaster or warfare
- Youth programs such as Safe Kids Training and Leadership Development Center Camp

Please visit: <http://www.redcross.org/ca/long-beach> or call: 562.595.6341



Community Emergency Response Team's (CERT) mission is simple: "Do the greatest good for the greatest number of people" when a major disaster strikes our community. CERT's are formed by members of a neighborhood or workplace who wants to be better prepared for the hazards that threaten their communities. Your Long Beach CERT Volunteers in cooperation with the Long Beach Fire Department are committed to this community's disaster preparation.

When a major disaster does strike, you will have the skills & knowledge to assist neighbors, co-workers and professional rescue personnel. Your leadership and care will help those around you after a major disaster until professional emergency services arrive. Please visit: lbfd@longbeachcert.org or call: (562)570-LBFD and leave a message.

State Resources



California Emergency Management Agency (Cal-Ema) coordinates overall state agency response to major disasters in support of local government. The Cal EMA site offers disaster preparedness information and tips for various populations including families, children, pets, elderly persons and people with disabilities. Additionally, the site contains state emergency bulletins, the state's threat advisory level and state disaster assistance information. Please visit: <http://www.calema.ca.gov/Pages/default.aspx>

The California Department of Public Health offers guidelines, tips and checklists on how individuals and families, schools, businesses, people with disabilities and community organizations can be prepared for a public health emergency. Please visit: <http://www.cdph.ca.gov/Pages/DEFAULT.aspx>



California Volunteers coordinates volunteer activities related to disaster response and recovery, including necessary training, equipment, and transportation provisions. California Volunteers works to strengthen the state's readiness for and ability to respond to large-scale disasters. This site provides important tips about how to prepare for a disaster. The site connects people with the appropriate organizations that respond to disasters in California. Please visit: <http://www.californiavolunteers.org/index.php>

Federal Resources

Federal Emergency Management Agency (FEMA) is part of the U.S. Department of Homeland Security. FEMA provides information on different types of disasters and hazards, federal disaster declarations and federal disaster assistance. Please visit: www.fema.gov/



Ready.gov, a campaign of the U.S. Department of Homeland Security, provides disaster preparedness resources and information for families, businesses and kids. The site provides a listing of community and state resources for the entire nation and information about the risks associated with a wide range of natural and man-made disasters. Please visit: <http://www.ready.gov/be-informed>

This section of the Ready.gov Web site provides kids an opportunity to plan for disasters, learn about disasters and play games. Additionally, the site provides information and resources that parents and teachers can use to teach kids about disaster preparedness. Please visit: <http://www.ready.gov/kids/>



Citizen Corps, coordinated nationally by the U.S. Department of Homeland Security, provides tips and information on keeping your family, home and community safe from threats of crime, terrorism and disasters of all kinds. Additionally, the site provides information on Citizen Corps programs, volunteering, developing community action plans, assessing possible threats and identifying local resources. Please visit: <http://www.ready.gov/citizen-corps>

For additional information on emergency preparedness, please visit any of the following on-line resources:

City of Long Beach:

Disaster Preparedness and Emergency Communications Department

<http://admin.longbeach.gov/disasterpreparedness/default.asp>

Fire Department

http://www.longbeach.gov/fire/emergency_prep/default.asp

Police Department

<http://www.longbeach.gov/police/default.asp>

Health and Human Services

<http://www.longbeach.gov/civica/filebank/blobdload.asp?BlobID=9067>

County Agency:

Los Angeles County Office of Emergency Management

<http://www.lacoa.org/>

State Agency:

The Governor's Office of Emergency Services

<http://www.oes.ca.gov/>

Federal Agency:

Department of Homeland Security

<http://www.dhs.gov/index.shtm>

U.S. Geological Survey – Specific earthquake information and maps.

<http://www.usgs.gov/>

Center for Disease Control and Prevention

<http://www.cdc.gov/> or <http://www.bt.cdc.gov/planning/index.asp>

City of Long Beach Emergency Phone Numbers:

Emergencies Dial 911

- Gas Department: 562.570.2140
- Water and Sewer: 562.570.2390
- Public Works: 562.570.2700
- Police Non-Emergency 562.435.5711
- Fire Non-Emergency 562.570.9400

Social Media:

You can also sign up for any of the City of Long Beach social media accounts and receive updates on the City's disaster responses, as well as information to assist you.

www.facebook.com/CityofLongBeachCA

<https://twitter.com/LongBeachCity>

www.youtube.com/user/LongBeachCityCA

